



REHABILITATION GUIDELINES

- In order to receive maximum benefit from your rehabilitation program, it is of utmost importance that you attend your therapy appointments and follow home instruction.
- If you are unable to keep your appointment you must call or email (info@theramaxrehab.com) to notify us at a minimum of 12 hours prior to your scheduled appointment time.
- It is your responsibility to schedule your appointments at least one week in advance.
- Please be aware that your appointments may generally be on any day of the week and do not have to be set up in a specific pattern. For example, if you are to receive treatment three times weekly, the appointments do not have to be on Monday/Wednesday/Friday.
- It is your responsibility to inform staff members, including the secretary, prior to any physician appointments.
- We reserve the right to discharge you or any patient after they have missed three appointments within a four week period.
- It is your responsibility to inform us of any changes to your insurance policy, should you fail to do so you will become financially responsible for any visits not covered by your policy.
- Your insurance will be billed at the end of each month. You will receive monthly statements/bills from TheraMAX or the insurance company. If you have any questions, regarding payment, billing, or fees, we will be happy to assist you.
- Please bring/wear comfortable exercise clothing such as sweat pants, sweat shirt or t-shirt, sneakers, etc...
- Your cooperation is appreciated. We look forward to working with you and obtaining optimum results from your rehabilitation program. This form has been fully explained to you and you understand it.

Signature: _____ Date: _____